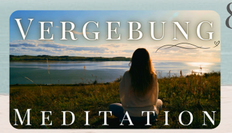
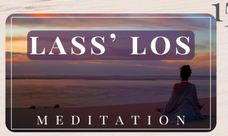
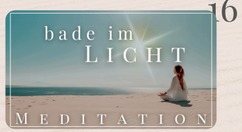
APRIL MEDITATION

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6 NEW	7	8 	9	10	11	12
13 NEW	14	15 	16 	17	18	19
20 NEW	21	22	23	24	25	26
27 NEW	28	29	30			

APRIL YOGA

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6 NEW	7	8	9	10	11	12
13 NEW	14	15	16	17	18	19
20 NEW	21	22	23	24	25	26
27 NEW	28	29	30			